



CALL & REGISTER TODAY!

JULY 25-27, 2018

CRANIOSACRAL INTEGRATIONS

HANDS-ON CLINICAL PRACTICUM

During this hands-on, three-day clinical practicum, you will work side-by-side with CST expert and former Upledger Institute therapist and presenter, Robyn Rose, to explore, examine, refine, and practice skills you learned in Upledger CranioSacral classes. Over the course of the practicum, you will work with Robyn in a clinical setting with real patients in order to deepen your understanding and practice of CranioSacral Therapy and SomatoEmotional Release.

If you have been struggling with your CST practice, or need help applying what you learned in the classroom to a real clinical setting, this practicum is for you. Learn to harness the power of CST and related integrated approaches in a safe environment, and under the guidance and support of an experienced professional.

- Move beyond the classroom setting and apply CST hand-on with real clients in a real clinical setting.
- Refine and gain increased confidence in your skills.
- Increase your efficiency in approaching, organizing and integrating CST into your treatments.
- Enhance your results in effectively reducing pain and discomfort in clients—immediately and permanently.
- Clarify any questions you have in the application of CST in your own practice.
- Release yourself from having to “know it all” by leveraging the CST approach to access the innate wisdom of the body and its incredible self-healing capabilities.

Take your CranioSacral Therapy training to the next level through this unique, intensive **MENTORING** and **CLINICAL INTEGRATION** experience.

JULY 25-27, 2018

9:00 am to 3:30/4:00 pm each day

This program is scheduled for
3 consecutive days
(limited to 4 students per session)

20 CE credit hours
available for licensed massage therapists

Any level of experience is welcome (CS1 through Advanced). Especially advantageous for those seeking certification at the Techniques level.

Program Cost:

\$595.00

407-774-7744

Call to register today!



www.intentionalwellnesstherapy.com

A WORD FROM ROBYN ROSE

The moment I walked into my Upledger CS1 class, I knew the course was going to be different from any other training I had done before. The difference was palpable, yet indescribable. Under the helpful guidance of my instructors, I was so excited as I began to experience the power of CST firsthand. When I returned to my clinical practice and started integrating CST in my treatments with clients, wild and amazing things started to happen. But, I couldn't explain why. Ever the diligent student, I hit the books and started reading and reading, trying to understand exactly how CST worked. But, I couldn't seem to "get" it, and became so frustrated that I started getting in my own way.

As the universe would have it, shortly after my CS1 class, I was personally invited by Dr. John Upledger to train directly with him, as well as some of the top experts in the field of CranioSacral and Integrative bodywork. The first time Dr. Upledger asked me to induce a still point on him, I was so nervous I was nauseous. I was convinced he would think I had no idea what I was doing. Instead, he gently guided me to be comfortable and confident in what I was experiencing.

I realized that no matter how much I read about CST, the only way to really learn this amazing therapeutic approach was to practice it; side-by-side with expert therapists working with real patients with real problems. Thanks to those early days of CST "bootcamp," I learned to trust the innate healing wisdom within myself and my patients. I progressed from naïve student and intern to a paid visiting therapist in the Intensive Therapy Programs, to having a thriving private practice in the clinic.

In addition to treating clients and their families, I was a mentor to therapists from all over the world. Time and time again, I saw how their skills and confidence were amplified in just a short time when they were able to get hands-on practice working with other experienced therapists. This is why I am honored to offer this mentorship opportunity to those wanting to bridge the gap between CST theory and real-world practice.

This class is not about teaching new material. It is designed to dive more deeply into the application of what you already know, and in solidifying your abilities to treat your clients more effectively. The ultimate result is to allow you to confidently and effectively apply CST into your own practice for the benefit of your clients, and yourself. Don't miss out on this unique opportunity and I look forward to working with you as your mentor and guide.

Robyn Rose



ROBYN ROSE, MPT, CST-D

Licensed Physical Therapist ♦ Advanced Certified Cranial Sacral Practitioner/Educator ♦ Certified Life Coach

Robyn is dedicated to helping people access their own innate power to heal through intention and the integration of multiple healing modalities. Robyn's 20 years of professional experience includes traditional hospital and specialized clinical settings. She has studied and integrated numerous modalities, including visceral manipulation, lymphatic drainage, CranioSacral Therapy, joint mobilization, strain/counterstrain, muscle energy, myofascial release, therapeutic exercise including Pilates and yoga techniques, sensory integration and SensoriMotor Psychotherapy.

Robyn trained directly with Dr. John Upledger, developer of CranioSacral Therapy, and subsequently worked at the world-renown Upledger Institute as a staff clinician and integral team member of the Institute's Intensive Therapy Programs. She served the Institute in many capacities including administration and development, student supervision and teaching assistant. In addition, she travelled extensively for the Institute as a therapist, presenter and educator.

In 2006, Robyn moved to Central Florida and established Intentional Wellness, LLC, a small private practice providing quality holistic integrative healing, empowerment and education for clients of all ages, including infants and small children. Robyn offers both her clients and students the benefit of her advanced training and experience working with tens of thousands of patients and their families. She holds a Masters of Physical Therapy from the University of Maryland at Baltimore, and has several advanced certifications from a variety of recognized institutions including the Upledger Institute and the SensoriMotor Psychotherapy Institute.

INTENTIONAL WELLNESS, LLC

Center for Craniosacral and Integrative Therapies
2933 West State Road 434, Suite 111
Longwood, FL 32779
Phone: (407) 774-7744
www.intentionalwellnesstherapy.com
info@intentionalwellnesstherapy.com

CRANIOSACRAL THERAPY

Hands-On Clinical Practicum Schedule (20 CE credit hours)

Wednesday, July 25, 2018

9:00 AM to 10:00 AM	Whole Body Evaluation Summary Review/Multi Therapist Team Work
10:00 AM to 11:30 AM	Multi-Hands Session with Client
11:30 AM to 1:00 PM	Lunch Discussion and Integration
1:00 PM to 2:30 PM	Multi-Hands Session with Client
2:30 PM to 3:30 PM	Practitioner Trade (30 minutes each)

Thursday, July 26, 2018

9:00 AM to 10:00 AM	Sphenobasilar Lesions Discussion
10:00 AM to 11:30 AM	Practitioner Trade with focus on Sphenobasilar Junction
11:30 AM to 1:00 PM	Lunch Discussion of Hard Palate
1:00 PM to 2:30 PM	Multi-Hands Session with Client
2:30 PM to 3:30 PM	Post-Treatment Debrief/Discussion

Friday, July 27, 2018

9:00 AM to 10:00 AM	Discussion and Questions
10:00 AM to 11:30 AM	Multi-Hands Session with Client
11:30 AM to 1:00 PM	Lunch Discussion of Clinical Topics
1:00 PM to 2:30 PM	Multi-Hands Session with Client
2:30 PM to 3:30 PM	Practitioner Trade (30 minutes each)
3:30 PM to 4:00 PM	Wrap-Up