



8 CE CREDIT HOURS FOR
LICENSED MASSAGE THERAPISTS

CRANIOSACRAL 1 FOUNDATIONS

Instructed by Robyn Rose, MPT, CST-D

During this one-day class, CranioSacral Therapy expert, former Upledger Institute staff therapist and certified presenter, Robyn Rose, will cover the basic foundations of Upledger CranioSacral therapy, emphasizing the core concepts of this amazing body of work.

**PERFECT FOR PRACTITIONERS WISHING TO REFINE AND/OR REFRESH THE
PRINCIPLES LEARNED IN UPLEDGER'S CRANIOSACRAL 1 CLASS.**

The emphasis of this course will be to explore, examine, refine and support a deeper understanding of CranioSacral 1 theory and application. Class sizes will be limited to allow for ample one-on-one interaction and highly individualized support. The course will include:

- Simplified synopsis of all key concepts crucial to understanding the practical application, evaluation and treatment of CS1.
- Discussion of how CranioSacral Therapy applies to particular settings and situations in clinical practice.
- Clarification of questions to further enhance your skills and gain confidence in areas of concern.
- Hands-on practice with expert guidance and feedback on your implementation of the Ten Step Protocol in a safe, supportive environment.

REFINE
CLARIFY
ENHANCE

Robyn trained directly with Dr. John Upledger and worked at the Institute as a staff clinician and integral team member of the Institute's Intensive Therapy Programs. She offers her students the benefit of her advanced training and experience working with tens of thousands of patients and their families.

Take this opportunity to elevate your learning to the next level.

For more information, please contact Intentional Wellness at (407) 774-7744 or info@intentionalwellnesstherapy.com.